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Approx distance **8**KM (1 Lap: Under 18), **16**KM (2 Laps: 18+)

We invite you to the first MTB event in the state of Jharkhand, for participants from or residing in Jharkhand.





















# To keep in mind

- Registrations are on and will be closed by 11:59 PM, Friday October 8th, 2021
- Trail walk can be organised on 9th Oct 2021 for registered participants, however they will have to manage commute on their own to the site.
- Trail preview footage along with GPX route on Strava or Trailforks will be available by Thursday October 7th, 2021.
- Site is almost 16km away from Sakchi Gol Chakkar. We will provide commute assistance for those who will need it. APPLY WHILE YOU REGISTER!
- For participants who can manage their commute can look for Kushtuliya Football Ground as a landmark. This is accessible via NH 33/18 or Luabasa Bridge (from Telco side).

#### About the location

Welcome to Luabasa XC trail. The trail system is well equipped with multiple trail features to give you best in class XC experience. It consists of flat bumpy sections, loose flowy downhills, technical single tracks, mud patches and rock garden climbs. This aims to provide you the perfect spot to prove your MTB skills and trail abilities.

### Riders must carry their own

- MTB or fat bikes. Electric MTBs not allowed. Other types of bikes not allowed.
- Helmet
- Water bottle(s)

### **Optional items to carry**

- Knee pads/ elbow guard/ gloves/ goggles.
- Hydration pack, ORS, energy gel or any other type of energy drinks.
- Personal GoPro or other action cameras.
- Spare tubes or puncture kit/ pocket pump and multi tool.
- Phone, smart watches or any other device to record their ride.















### What we are providing

- Commute/ logistics to site from the assembly point and then return to assembly point- only for riders and their bikes who have applied while registering.
- Refreshments after ride.
- First aid available at start point and two other identified places on the track.
- Water bottles available at start point and two identified places on the track. Riders must carry their own water bottle because the track will be physically demanding. We will provide water bottles only to top-up.
- Bibs + Participation certificate.
- Route map information.
- Strava Segment or Trailforks GPX.
- Signages for direction on the trails + voulenteers for assistance.

## What we are not providing

- Helmets or any other safety wear.
- Pickup from and drop to home or any other preferred spot.
- We can recommend places to stay for those who are travelling to Jamshedpur for the event, but all expense has to be taken care by themselves.

# Do not hesitate to ask questions if you have any.

#### **Schedule**

- 4:30-4:45 AM: Participants who have applied for commute assistance to site must assemble at Sakchi Gol Chakkar. Last shuttle leaves at 4:45 AM. Those who miss the shuttle will have to arrange commute on their own.
- 5:30 we reach the site.
- Waiver sign-off, briefing + rules call-out
- 6:00 AM Flag off for participants
- 8:30 AM Prize distribution + Refreshments
- 9:30- 10:00 AM Leave the spot.















# **Cross Country Time Trials (XCT) format**

Time trial event means only one participant is released at a time. Each rider will be released after 1 minute of the previous rider and timing to complete a lap will be calculated accordingly. A bib will be taped at the seat post or handlebar of each individual's bike. Trail is divided into multiple sections with checkpoints. As riders pass through these checkpoints, a volunteer will note the bib number to ensure participants complete all the sections in the circuit. Results will be provide based on 1 Lap for under 18 category and 2 Laps for 18+ category.

# Mountain biking can be made lot more enjoyable following few basic trail etiquettes as listed below:

- Do not litter around plastic bottles or any other plastic wastes. on the trail. Taking care of the trail is essential part of mountain biking.
- If you are running out of energy or want to slow down for any reason, move on the outside edge of trail so that you do not block the path or crash with the riders behind you. Be mindful that there's always a rider behind you.
- If you have to overtake anyone in front of you, call of them for 'Side' or 'Pass'. This will notify the rider in front of you.
- If you hear riders asking for pass behind, either get aside or speed up. If you feel out of energy, then please let them go ahead.
- If you are unsure of any trail features like jumps, drops etc, do not try it but ride through the outer edge of the trail.
- If you are feeling lost, look for signages or volunteers on the trail.
- In an event of crash or break down of your bike, stick on the outer edge of the trail and walk to the nearest volunteer. They will support you if you need any first aid assistance or taking you out of the trail.
- Take care and always make path for locals (tribal community) as they live on forest resources and have first right on the trail.
- Tarmac sections may have motor vehicle of all types- bikes to trucks running on it. So please be watchful.







